



Glazed Mini Carrots

Compliments of Round Rock Honey and Eatingwell.com

Ingredients

3 cups carrots sliced on the diagonal or
3 cups mini carrots (1 lb.)
1/3 cup water
1 tbl. Round Rock Honey
2 tsp. butter
1/4 tsp. salt or to taste
1 tbl. lemon juice
Freshly ground black pepper to taste
2 tbl. chopped fresh parsley

Directions

Combine carrots, water, honey, butter and salt in a large skillet. Bring to a simmer over medium-high heat. Cover and cook until tender, 5–7 min. Uncover and cook, stirring often, until the liquid is a syrupy glaze, 1–2 min. Stir in lemon juice and pepper. Sprinkle with parsley and serve.